

**DO YOU WISH YOU COULD IMPROVE THE APPEARANCE OF YOUR SKIN, ERASING DAMAGE SUCH AS:**

- ACNE SCARS
- FINE LINES AND WRINKLES
- PIGMENTATION FROM AGING AND SUN DAMAGE
- LOSS OF FIRMNESS AND ELASTICITY
- DULL SKIN TONE

# Derma Rolling

## Look Younger in 30 Minutes

by Kathryn Bruno

Though the idea of rolling back the years and undoing damage to your skin might seem impossible, it is, in fact, easier than you ever imagined. For years, women and men have suffered from the unsightly effects of aging, physiological changes and environmentally-caused skin damage. But such suffering isn't necessary — there is a particularly effective option that many don't even know exists.

### Introducing Dermal Rolling

Derma rolling is a relatively new innovation in esthetics. It is a fast, safe, cost-effective process that virtually erases fine lines and acne scars with no recovery time. Derma rolling is your solution for rolling back the years, starting with 30-minute sessions.

### What is Dermal Rolling?

Derma rolling is a procedure using a roller with hundreds of tiny, fine stainless steel needles. Rolling the tool over the skin produces tiny micro-channels, which allows active ingredients such as ampoules, vitamins, minerals and vital nutrients to more deeply penetrate the skin.

### An Improvement You Can See

A derma rolling treatment can smooth wrinkles and fine lines, and improve the appearance of acne scars and stretch marks. Those suffering from sun damage, loss of pigmentation and discoloration may see improvement, as well.

Derma rolling also stimulates the production of skin's natural collagen and elastin, rejuvenating the skin for a plumper, firmer appearance.

Looking and feeling your best by maintaining the quality of your skin, is important to your psychological and emotional health.

### Derma Rolling is Painless and Safe

Derma rolling is virtually painless. The micro-channels produced by the roller tighten quickly, leaving your skin intact and otherwise undamaged, eliminating most side effects and risks associated with other procedures.

### Derma Rolling is Fast, Inexpensive and Effective

Your skincare professional can complete a derma rolling treatment in approximately 30 minutes. Best of all, your derma rolling treatment can be used in combination with any of your preferred skin care treatments. Once the treatment is finished you can go about all of your regular activities for the day with no down time.

Looking and feeling your best is important to your psychological and emotional health. With all the stresses inherent in today's hectic lifestyle, you want to look and feel your best. Derma rolling can help make this happen.

Thanks to derma rolling, many people now enjoy healthier, younger-looking skin. Let it do the same for you — ask your skin care professional for a personalized analysis and the benefits that you might expect from this innovative and effective skincare treatment. **yhc**



**Kathryn Bruno** has more than 30 years worldwide experience as an esthetician, instructor and skin care consultant. She

has worked with top plastic surgeons and doctors, the most prestigious skin care product lines, day spas and wellness resorts. For more information or to schedule an appointment visit [www.TheHiddenGem.info](http://www.TheHiddenGem.info).