

The Designs For Healthy Living Showcase to Feature Kathryn Bruno of The Hidden Gem in Thousand Oaks to speak on Toxic Free, Healthy Skincare

World Wide Web, March 4, 2011— The Designs for Healthy Living Showcase introduces Kathryn Bruno, an innovative Skincare specialist and owner of The Hidden Gem in Thousand Oaks. She will be speaking on toxic free, healthy skincare. Kathryn Bruno has been active professionally in the skin care business for more than 30 years in California and Indiana working with plastic surgeons, dermatologists and spas. The informative gala will be hosted by leading professionals like Kathryn Bruno with the goal of the program being to bring necessary information into the forefront of awareness to assist in educating the public on healthy living and how to look and feel their best at any age.

Designs for Healthy Living will feature men and women together of all ages in a casual setting while learning the “dos and don’ts” of healthy living. Tough economic times are no reason to rein in healthy living, according to a panel of industry experts participating “There’s never been a better time to learn the economics of healthy living and skin care.” Great companies invest in their customer experience and Kathryn brings to the table her own experience, and education as proprietor of “The Hidden Gem” and shares her valuable approach on how to avoid exposure to certain environmental toxins; and to protect the skin against the elements.

Treatments Kathryn will speak on include dermaplaning, cosmetic and medical grade peels, various high-tech masks, and micro-needle therapy. Kathryn specializes in acne therapy and anti-aging treatments as well and is client focused for a results oriented method. Embracing multiple practice protocols Kathryn’s “The Hidden Gem” clinical skincare studio also offers waxing, lash and brow tints, and makeup services. With extensive knowledge on a full range of superior and proprietary products Kathryn will educate on how to maintain extraordinary results at home.

St. Jude the Apostle School in Westlake Village will be hosting the *Designs for Healthy Living* Showcase and Gala on March 12, 2011 with a plethora of relaxing, fun, and educational programs scheduled. This exciting community event will bring together local businesses, schools, organizations and families to celebrate the principles of healthy living.

Learn more about the array of beneficial and healthy skincare services offered at The Hidden Gem at TheHiddenGem.info

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